

Relationships and Sex Education Curriculum map

Relationship and Sex Education is taught through an integrated approach where the content is embedded across the curriculum to ensure that students receive age-appropriate guidance, to support them in developing the skills and understanding they need to live confident, healthy and independent lives. The majority of content is covered predominantly in form time.

The School of Sexuality Education will be delivering a range of workshops and assemblies to students to supplement the work the school delivers during curriculum time. This includes workshops on positive relationships. Consent, puberty, and the body as well as appropriate use of media online.

		Main coverage in form time (See form time curriculum Map)	Additional coverage in other areas of the curriculum (See individual subject documentation)
Families	1. That there are different types of committed, stable relationships.	Year 7 Form Time 1a X6 sessions Respect Curriculum Year 8 – Term 3	English: Bone Sparrow Year 7 MFL: German curriculum 9.2 Family relationships (relationship types)
	2. How these relationships might contribute to human happiness and their importance for bringing up children.		English: The Beekeeper of Aleppo MFL: German curriculum 9.2 Family relationships (relationship types)
	3. What marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony.		English: Romeo and Juliet MFL: German curriculum 9.2 Family relationships RE: Relationships and Families GCSE
	4. Why marriage is an important relationship choice for many couples and why it must be freely entered into.		English: The Beekeeper of Aleppo MFL: German curriculum 9.2 Relationships & marriage (pros/cons of marriage)
	5. The characteristics and legal status of other types of long-term relationships.		RE: Relationships and Families GCSE.
	6. The roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting.		English: Simon and the Homo Sapiens Agenda RE: Relationships and Families GCSE
	7. How to: determine whether other children, adults or sources of information are trustworthy: judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others’ relationships); and, how to seek help or advice, including reporting concerns about others, if needed.		English: Simon and the Homo Sapiens Agenda MFL: German curriculum 9.1 / 9.2 Family relationships (teenage angst -Agony letter & responses)
Respectful relationships	1. The characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship.	Cyber-bullying assemblies Year 8 Form Time 2b X6 Sessions	English: Bone Sparrow MFL: German curriculum 9.1 / 9.2 Relationships (characteristics of a good /bad friend/partner)
	2. Practical steps they can take in a range of different contexts to improve or support respectful relationships.		English: Simon and the Homo Sapiens Agenda

	3. How stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-consensual behaviour or encourage prejudice).	Black History Month activities and assembly	<p>Geography: Challenge stereotypes about global regions including Africa and Middle East.</p> <p>History: Teaching students about the Civil Rights movement and how racist propaganda can create hate.</p> <p>RE: Year 9 Should we fight for equality and justice?</p> <p>Science: Ks4: Cell biology, Stem cells – students are taught arguments for or against, religious views around conception are considered.</p> <p>English: Luna</p>
	4. That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people’s beliefs.		English: Hidden Figures
	5. About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help.	Anti-bullying Week activities and assembly	<p>English: Simon and the Homo Sapiens Agenda</p> <p>MFL : German curriculum 9.2 Relationships (peer pressure), 10.6 School (school stress)</p> <p>ICT: Throughout all units.</p>
	6. That some types of behaviour within relationships are criminal, including violent behaviour and coercive control.	Assembly on Pride	<p>English: The Beekeeper of Aleppo</p> <p>History: Crime and Punishment - taught modern laws regarding sexual harassment and other criminal behaviour.</p>
	7. What constitutes sexual harassment and sexual violence and why these are always unacceptable.	Enrichment workshop from Sexuality School of Education	English: An Inspector Calls
	8. The legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal.	Respect Curriculum Year 9 – Term 1	English: Poetry, Othello, Luna, I Am Malala
Online and Media	1. Their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online.	Form Time Year 9 3b X6 Sessions	ICT: Using computers safely, effectively and responsibly. Year 7 Autumn Term
	2. About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online.	Assembly themes on staying safe online.	
	3. Not to provide material to others that they would not want shared further and not to share personal material, which is sent to them.	Respect Curriculum	English: Simon and the Homo Sapiens Agenda

	<p>4. What to do and where to get support to report material or manage issues online.</p> <p>5. The impact of viewing harmful content.</p> <p>6. That specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners.</p> <p>7. That sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail.</p> <p>8. How information and data is generated, collected, shared and used online.</p>	<p>Year 9 – Term 2</p> <p>Workshops from the Police</p>	<p>ICT: Using computers safely, effectively and responsibly. Year 7 Autumn Term</p>
<p>Being safe</p>	<p>1. The concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships.</p> <p>2. How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online).</p>	<p>Year 11 Form Time 1a X8 Sessions</p>	<p>English: An Inspector Calls & Macbeth</p> <p>English: An Inspector Calls & Simon and the Homo Sapiens Agenda</p>
<p>Intimate and sexual relationships, including sexual health</p>	<p>1. How to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship.</p> <p>2. That all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing.</p> <p>3. The facts about reproductive health, including fertility and the potential impact of lifestyle on fertility for men and women.</p> <p>4. That there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others.</p> <p>5. That they have a choice to delay sex or to enjoy intimacy without sex.</p>	<p>Year 10 Form time 2a and b X12 Sessions</p> <p>Enrichment workshop from Sexuality School of Education</p>	<p>English: An Inspector Calls & Simon and the Homo Sapiens Agenda MFL: German curriculum Relationships & marriage (partner characteristics)</p> <p>English: Paper 1&2 Non-fiction Lang</p> <p>Science: Ks4: Inheritance, variation and evolution - Students are taught about how genetic disorders are passed on. Homeostasis - Students are taught about how hormonal contraceptive work and how the menstrual cycle hormones are involved in fertility treatments. Ks3 - Reproductive health, students taught about pregnancy</p> <p>English: An Inspector Calls and Simon Versus the Homo Sapiens Agenda</p> <p>English: An Inspector Calls and Simon Versus the Homo Sapiens Agenda</p>

	6. The facts about the full range of contraceptive choices, efficacy and options available.		RE: Relationships and families GCSE unit. Science: Ks4: Homeostasis - Students taught about hormonal contraception's hormones and contraception
	7. The facts around pregnancy including miscarriage.		English: An Inspector Calls Science: Ks3: reproduction, students learn the stages of pregnancy
	8. That there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help).		English: An Inspector Calls Geography: HIV/AIDs in Africa RE: Religion and Life GCSE unit
	9. How the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing.		Geography: HIV/AIDs in Africa Science: Effects of contraception on the reproductive system Year 10
	10. About the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment.		Science: Ks4- Infection and Response: Students learn about communicable disease and an example of STI's is taught
	11. How the use of alcohol and drugs can lead to risky sexual behaviour.		English: An Inspector Calls
	12. How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment.		
Mental wellbeing	1. How to talk about their emotions accurately and sensitively, using appropriate vocabulary.	Form Time for all year groups as part of mental health awareness week 3a and assemblies for Mental Health Awareness and Time to talk. Mental Health workshops Respect Curriculum Year 8 – Term 2	English: A Kind of Spark, Face, The Reason I Jump, The Not Dead, And Still I Rise.
	2. That happiness is linked to being connected to others.		English: A Christmas Carol, A Kind of Spark, The Beekeeper of Aleppo, The Bone Sparrow, Othello, Poetry Power and Conflict
	3. How to recognise the early signs of mental wellbeing concerns.		English: An Inspector Calls, Poetry, Non-Fiction
	4. Common types of mental ill health (e.g. anxiety and depression).		English: Poetry Power & Conflict, The Not Dead, The Beekeeper of Aleppo
	5. How to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health.		English: Poetry Power & Conflict, The Not Dead, The Beekeeper of Aleppo
	6. The benefits and importance of physical exercise, time outdoors, community participation and voluntary and service-base activities on mental wellbeing and happiness.		English: Non-fiction

Internet safety and harms	1. The similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image, how people may create a specific image of their life online, over-reliance on online relationships including social media, the risks related to online gambling including the accumulation of debt, how advertising and information is targeted at them and how to be a discerning consumer of information online.	Year 8 Form Time 1a X8 Sessions	English: Simon Versus the Homo Sapiens Agenda
	2. How to identify harmful behaviours online (including bullying, abuse or harassment) and how to report, or find support, if they have been affected by those behaviours.	Assembly Themes Respect Curriculum Year 8 – Term 2	ICT: Embedded in every unit
Physical health and fitness	1. The positive associations between physical activity and promotion of mental wellbeing, including as an approach to combat stress.	Character Charter Term 2 Year 7 X4 Sessions Assembly Themes Respect Curriculum Year 8 – Term 2	PE: KS3 – HRE module
	2. The characteristics and evidence of what constitutes a healthy lifestyle, maintaining a healthy weight, including the links between an inactive lifestyle and ill health, including cancer and cardio-vascular ill-health.		English: Non-fiction MFL: German & French curriculum 8.2/8.3, 9.2/3 (French), 10.3, & 10.4 (healthy lifestyle- sport & diet) Geography: Geography of disease including obesity non communicable diseases Science: Ks4 Inheritance, variation and evolution - Students are taught about how genetic disorders are passed on. Organisation Students learn about heart disease PE Curriculum: KS4 BTEC Module
	3. About the science relating to blood, organ and stem cell donation.		Science: Biology (Cells): What are we made of? Year 9 1a
Healthy eating	1. How to maintain healthy eating and the links between a poor diet and health risks, including tooth decay and cancer.	Respect Curriculum Year 8 Term 2 Assembly Theme	English: Non-fiction MFL: German & French curriculum 8.2/8.3, 9.2/9.3 (French), 10.3, & 10.4(healthy lifestyle- diet) Exercise and well-being. Science: Ks4 Organisation Students learn about health and disease and risk factors of non-communicable diseases such as cancer Ks3 Breathing and digestion Students learn how to maintain a balanced diet. DT – Food theory (yr 7, 8, 9) throughout unit
Drugs, alcohol and tobacco	1. The facts about legal and illegal drugs and their associated risks, including the link between drug use, and the associated risks, including the link to serious mental health conditions.	Form Time Year 9 1a X6 sessions Character Charter	English: Non-fiction & Jekyll and Hyde MFL : German curriculum 10.3 Healthy lifestyle (teenage smoking, drinking & drugs) Science: Ks3 Breathing and digestion Students learn how to maintain a balanced diet.



	2. The law relating to the supply and possession of illegal substances.		English: Non-fiction
	3. The physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood.		English: Non-fiction MFL: German curriculum 10.3 Healthy lifestyle (teenage drinking) Science: Ks4 Organisation : Students learn about health and disease and risk factors to cardiovascular and liver health.
	4. The physical and psychological consequences of addiction, including alcohol dependency.		English: Non-fiction and An Inspector Calls MFL: German curriculum 10.3 Healthy lifestyle (drug addition)
	5. Awareness of the dangers of drugs, which are prescribed but still present serious health risks.		English: Non-fiction
	6. The facts about the harms from smoking tobacco (particularly the link to lung cancer), the benefits of quitting and how to access support to do so.		English: Non-fiction MFL: German curriculum 10.3 Healthy lifestyle (teenage smoking) Science: Ks4 Organisation Students learn about health and disease and risk factors to cardiovascular health.
Health and prevention	1. About personal hygiene, germs including bacteria, viruses, how they are spread, treatment and prevention of infection, and about antibiotics.	Form Time Year 11 2a X6 sessions	English: Non-fiction Geography: Geography of disease Science: Infection and response: Students learn about how bacteria and viruses are spread and how antibiotics work. DT: Food theory (yr 7, 8, 9) throughout unit
	2. About dental health and the benefits of good oral hygiene and dental flossing, including healthy eating and regular check-ups at the dentist.		
	3. The benefits of regular self-examination and screening. (late secondary)		English: Non-fiction Science: Lifestyle and risk factors for Cancer
	4. The facts and science relating to immunisation and vaccination.		English: Non-fiction Science: Infection and response Geography: Geography of disease
	5. The importance of sufficient good quality sleep for good health and how a lack of sleep can affect weight, mood and ability to learn.		English: Non-fiction
Basic first aid	1. Basic treatment for common injuries.	Character Charter Term 2 Year 8 X4 sessions	DT: Food / Product / Textiles practical (yr 7, 8, 9) start of practical lessons
	2. Life-saving skills, including how to administer CPR.		PE: Swimming
	3. The purpose of defibrillators and when one might be needed.	Eco Club	
Changing adolescent	1. Key facts about puberty, the changing adolescent body and menstrual wellbeing.	Form time year 8 3b X6 Sessions	English: Non-fiction

		Respect Curriculum Year 9 – Term 3	Science: Ks4 Homeostasis: Students learn about puberty and menstrual cycle
	2. The main changes which take place in males and females, and the implications for emotional and physical health.		English: Non-Fiction, Romeo & Juliet Science: Ks4 Homeostasis: Students learn about puberty and how hormones can cause physiological and emotional changes.